



409 Network Sta. Chesapeake, VA 23320  
Phone: (757) 549-8181 • Fax: (757) 549-7452



**HURRICANE APRIL SHOWERS  
DIAMOND INVITATIONAL  
April 6-7, 2019**

**WHO: Compulsory and Xcel**

**COST: \$100/GYMNAST  
\$40/TEAM (3 or more including Xcel)  
(Make checks payable to HURRICANE GYMNASTICS)**

**DEADLINE FOR ENTRY: March 5<sup>th</sup>  
NO REFUNDS AFTER March 15<sup>th</sup>  
LATE FEE \$10**

**WHERE: Hurricane Gymnastics  
409 Network Station  
Chesapeake, VA 23320  
757-549-8181  
hurricanegymnastics@cox.net**

**Competition format: Capital Cup**

**Equipment: 2 AAI Bars, 2 AAI Beams, 2 AAI Vault Tables,  
Palmer Spring Floor**

**\*The highest all-around score per level will  
receive a diamond necklace.**