



409 Network Sta. Chesapeake, VA 23320  
Phone: (757) 549-8181 • Fax: (757) 549-7452



**HURRICANE INVITATIONAL  
JANUARY 25-26, 2020**

**WHO: Level 3-10 and Xcel**

**COST: \$110/GYMNAST  
\$40/TEAM (3 or more including Xcel)  
(Make checks payable to HAPA)**

**DEADLINE FOR ENTRY: December 31<sup>st</sup>  
NO REFUNDS AFTER January 14<sup>th</sup>  
LATE FEE \$10**

**WHERE: Hurricane Gymnastics  
409 Network Station  
Chesapeake, VA 23320  
757-549-8181  
hurricanegymnastics@cox.net**

**Competition format: Capital Cup**

**Equipment: 2 AAI Bars, 2 AAI Beams, 2 AAI Vault Tables,  
Palmer Spring Floor (We do not have a mini tramp vault board. If  
you need one, you will have to bring it.)**

**We also will have a coffee bar and concessions for purchase.  
There is no charge for spectators.**