



409 Network Sta. Chesapeake, VA 23320
Phone: (757) 549-8181 • Fax: (757) 549-7452



**HURRICANE APRIL SHOWERS
DIAMOND INVITATIONAL
April 3-5, 2020**

WHO: Compulsory and Xcel

**COST: \$110/GYMNAST
\$40/TEAM (3 or more including Xcel)
(Make checks payable to HURRICANE GYMNASTICS)**

**DEADLINE FOR ENTRY: March 5th
NO REFUNDS AFTER March 13th
LATE FEE \$10**

**WHERE: Hurricane Gymnastics
409 Network Station
Chesapeake, VA 23320
757-549-8181
hurricanegymnastics@cox.net**

Competition format: Capital Cup

**Equipment: 2 AAI Bars, 2 AAI Beams, 2 AAI Vault Tables,
Palmer Spring Floor (We do not have a mini tramp vault board. If
you need one, you will have to bring it.)**

***The highest all-around score per level will
receive a diamond necklace. We also will have a coffee bar and
concessions for purchase. There is no charge for spectators.**